



CAMP REVEILLE

WWW.CAMPREVEILLE.COM

CAMP REVEILLE WEEKEND ACTIVITY SCHEDULE

All scheduled activities are optional & suitable for all fitness levels unless otherwise noted

Schedule subject to change for 2009 session

THURSDAY

3:00 - 6:00	Arrivals	Welcome Center
3:00 - 6:00	OPEN: Crafts, Waterfront Activities, Climbing Wall, Tennis	Camp Grounds
3:00 - 4:00	Wake-Up Shake-Up	Beach Deck
	Gentle Yoga	Yoga Studio
4:30 - 5:30	Camp Walk	Meet at Beach Deck
6:00 - 7:00	Meet & Greet with wine and cheese	Dining Hall Deck
7:00 - 8:00	Opening Dinner	Dining Hall
9:00 - 10:00	Opening Campfire	Indian Council Fire Ring
10:15 - 11:30	Cards and Games <i>or</i> Chick Flick	Lodge

FRIDAY

7:00 - 9:15	Breakfast	Dining Hall
7:30 - 8:00	Tai Chi	Beach
8:00 - 8:30	Power Walk <i>or</i> Morning Run	Meet at Beach
8:30 - 9:00	Wake-Up Shake-Up	Beach
9:15 - 12:00	OPEN: Crafts, Waterfront Activities, Climbing Wall, Tennis	Camp Grounds
9:15 - 10:30	Pilates	Dance Studio
	Sunrise Yoga	Yoga Studio
	Step, Sculpt, Dance, and Tone	Playhouse
10:45 - 12:00	Archery	Archery Range
	Zumba	Dance Studio
	Yin Yoga	Yoga Studio

		Kick Box Self Defense	Playhouse
12:10	- 1:30	Lunch	Dining Hall
1:30	- 2:30	Rest Hour	
2:30	- 3:30	REVEILLE RELAY	Fields
3:30	- 5:30	OPEN: Crafts, Waterfront Activities, Climbing Wall, Tennis	Camp Grounds
4:15	- 5:30	Zumba	Dance Studio
		Volley Ball	Volley Ball Court
		Canoe Class	Waterfront
		Gentle Yoga	Yoga Studio
6:10	- 7:30	Dinner	Dining Hall
8:30	- 9:15	Songo Lake Cruise	Long Lake
9:30	- 10:30	Bonfire with s'mores	Beach
		Cards and Games	Lodge

SATURDAY

7:00	- 9:15	Breakfast	Dining Hall
7:30	- 8:00	Tai Chi	Beach
8:00	- 8:30	Power Walk <i>or</i> Morning Run	Meet at Beach
8:30	- 9:00	Wake-Up Shake-Up	Beach
9:15	- 10:00	Meditation	Lodge
9:15	- 12:00	OPEN: Crafts, Waterfront Activities, Climbing Wall, Tennis	Camp Grounds
9:15	- 10:30	Kick Box Self Defense	Playhouse
		willPower & grace	Dance Studio
		Playful Yoga	Yoga Studio
10:45	- 12:00	Tribal Drumming	Baseball Field
		Healthy Back and Neck Yoga	Lodge
		Canoe Class	Waterfront
		Boot Camp Challenge	Meet at Beach
12:10	- 1:30	Lunch	Dining Hall

1:30	-	2:00	Rest Hour	
2:00	-	6:00	OPEN: Crafts, Waterfront Activities, Climbing Wall, Tennis, Crafts	Camp Grounds
2:15	-	3:30	Archery	Archery
			Drumming	Baseball Field
			Playful Yoga	Lodge
			Zumba	Dance Studio
			Hard Bodies: Sculpt and Tone	Yoga Studio
			Pontoon Boat Cruise	Docks
4:30	-	6:00	Reveille LifeBreath	Playhouse
6:10	-	7:30	Dinner	Dining Hall
8:00			Sing-a-long	Commons Deck
8:30	-	10:00	Indian Council Campfire and Innana	Indian Council Fire Ring
10:00	-	11:00	Wine & Cheese & Dessert	Lodge

SUNDAY				
--------	--	--	--	--

7:30	-	9:30	Breakfast	Dining Hall
8:00	-	9:00	Morning Run <i>or</i> Sunrise Yoga	Meet at Beach
8:30	-	9:00	Power Walk	Meet at Beach
9:15	-	12:00	OPEN: Crafts, Waterfront Activities, Climbing Wall, Tennis, Archery	Camp Grounds
9:15	-	10:00	Meditation	Lodge
9:15	-	10:30	Core Strength and Balance	Playhouse
			Canoe Class	Waterfront
10:45	-	12:00	Zumba	Dance Studio
			Yoga-lates	Yoga Studio
			LifeBreath	Playhouse
12:00	-	1:00	Final Lunch	Dining Hall